



**FELLOWSHIP
COMMUNITY**
HUMAN-CENTERED ELDER CARE

Welcome to the Fellowship Community!

The **Fellowship Community** serves the needs of elder members through the various phases of aging by offering independent apartment living as well as providing direct, one-on-one care in Hilltop House. This allows our Members to age in place all the way through to the end of life in a loving, home-like environment.

The Fellowship stands out as a more human, less institutional approach to care for the elderly through community living in a beautiful, natural setting. The Fellowship is based on the philosophy of Rudolf Steiner known as Anthroposophy, and is located on 80 acres of farm and forest, 60 minutes North of New York City.

We hope that you will come and visit the Fellowship Community, and see for yourself what we offer!



Are you interested in becoming a **Fellowship Community** member?

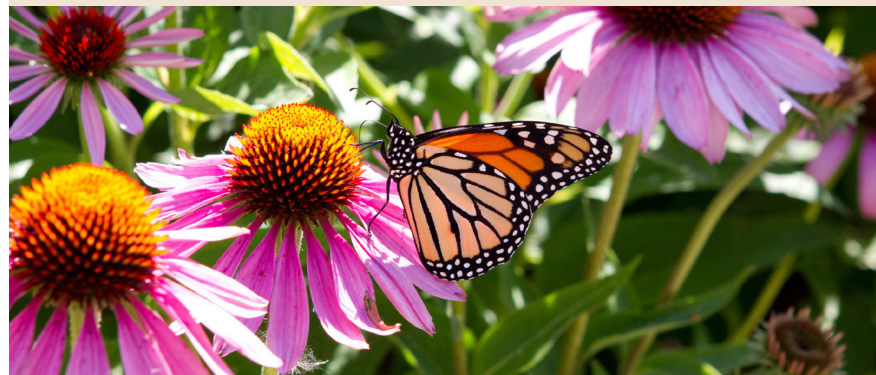
Please visit
FellowshipCommunity.org
for more information.

Email rsffoffice@fellowshipcommunity.org or call
(845) 356-8494 ext. 2 to schedule a tour!



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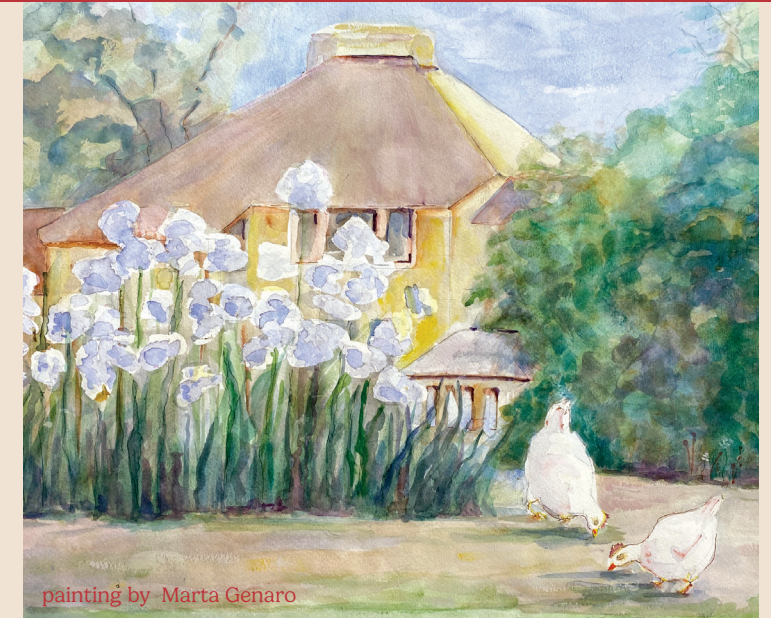
241 Hungry Hollow Road
Chestnut Ridge, NY 10977
(845) 356-8494 ext. 2



Hilltop House

A CONTINUUM OF CARE

Age in place through the end of life, in a loving environment at the Fellowship Community.



painting by Marta Genaro

Offering a dynamic range of cultural activities and performances:

- Movement classes including eurythmy, chair yoga & tai-chi
- Various weekly live music performances
- Talks & lectures from Members and visiting guests
- Cultural & community discussions
- Weekly movies & documentaries
- Painting, creative writing, handwork, speech arts
- Game time, and more!



Known for serving delicious, homemade, farm-to-table organic food.

Three meals and two snacks are provided per day in Hilltop House, with gluten free, dairy free and vegetarian options. Members with special diets can be accommodated. The kitchen is supplied with seasonal vegetables, dairy products and fresh eggs from our own Biodynamic farm. Residents enjoy homemade bread, pizza, cookies, granola and more from our bakery. Freshly brewed tea is made every day with herbs from our gardens.



Resident Services and Accommodations

In Hilltop House, the needs of our Members vary, from those needing only a little bit of help with room cleaning and living assistance, to those who require full-time care, and everything in between.

At all levels, Members are valued as a vital part of the community. Services include:

- Help with Activities of Daily Living (ADL)
- Room cleaning and laundry services
- Medication administration
- Ambulation and transferring
- Grooming and dressing
- Bathing and showering
- Assistance with toileting (bedpan, commode and toilet)
- In room emergency call button
- Access to a nurse 7 days a week and access to a primary care provider 5 days a week
- Transportation to medical appointments and shopping

